



JOURNEY OF HOPE
AUGUST – SEPTEMBER 2011
PROGRAM OF TRAVEL

DEPARTURE

15th AUGUST

Meeting at the Headquarter of Azione Verde, Matera

h. 06:00 p.m.

Departure from Matera to Rome airport (travel by bus G.T.)

h. 07:30 p.m.

16th AUGUST

Arrival in Fiumicino City

h. 02:30 a.m.

Celebration of the Holy Eucharist at the

“Santa Maria della Salute” Parish (Via Torre Clementina, 72)

Transfer to Fiumicino Airport - Terminal 3

Boarding Procedures

h. 04.00 a.m.

Departure from Rome-Fiumicino Airport

h. 06:20 a.m. Flight LH 243

Arrival in Frankfurt

h. 08:25 a.m.

Departure from Frankfurt

h. 11:45 a.m. Flight LH 568

Arrival in Port Harcourt

h. 06:30 p.m.

Luggage claim and departure to Orlu, Imo State, Nigeria.

ARRIVAL

06TH SEPTEMBER

Departure from Orlu to Port Harcourt Airport

Boarding Procedures

h. 06:00 p.m.

Departure from Port Harcourt

h. 08:00 p.m. Flight LH 569

Arrival in Frankfurt

h. 05:20 a.m.

Departure from Frankfurt

h. 07:15 a.m. Flight LH 230

07TH SEPTEMBER

Arrival in Rome-Fiumicino Airport

h. 09:00 a.m.

Back to Matera by bus G.T.

***OTHER DEPARTURE/ARRIVAL DATES:**

16th August - 26th August; 20th August - 06th September; 26TH August – 06th September.

In this case the cost of the travel by bus to/from Rome is not included in the participation fee.



REQUIRED DOCUMENTS

- Passport valid for at least 6 months after departure from Nigeria;
- One passport photo used for Organization Database Management;
- Entry Visa for citizens coming from countries for which it is required. The Organization will make provision for volunteers to get visa in the country of residence.

LUGGAGE AND MEDICINES TRANSPORT

Hand luggage: hand luggage is the baggage you can carry on to the aircraft with you and you don't check-in.

You are allowed to take on board an aircraft:

- one baggage sized not more than 115 cm (height + length + width) and total weight of 8 Kg;
- one accessory (handbag, laptop, camera etc....);
- Other items: one overcoat, newspapers, magazines, books and items purchased in the airport duty-free shops, but in restricted quantity and weight.

Checked-in luggage: Each passenger is allowed to check-in two baggage sized not more than 158 cm and maximum weight of 23 Kg each one.

- **Hand luggage:** used for the transport of personal effects and goods.
you are advised to bring in your hand baggage: medications if they are essential for your journey (except syrups), solid soap, toothpaste and other toiletries in travel size (according to the air travel baggage rules and security airports regulations in EU) and personal effects you need in case of a delay of delivery of your checked-in baggage at destination.
- **Checked-in luggage:** one baggage (23 Kg), used for the transport of personal effects and goods;
one baggage, prepared by our Organization for the transportation of medicines needed for the "Azione Verde Medical Team" during the mission in Nigeria.

VACCINATIONS AND PROPHYLAXIS

Participants should consult their doctors to prescribe medicines and the required vaccinations.

Obligatory: Yellow Fever vaccine

Recommended: Diphtheria, Tetanus, Pertussis, Meningitis (A, C, W, I), Hepatitis A, Hepatitis B, Typhus, Malaria prophylaxis.

OPERA DON BONIFACIO AZIONE VERDE

Sede Centrale: via Piemonte n. 3 - 75100 Matera - Tel/Fax +39 0835 388805 - website: www.azioneverde.org - e-mail: info@azioneverde.org

Sede Operativa Internazionale: via Gioacchino Russo n. 21 - 00132 Roma - Tel +39 06 22754554, Fax. +39 06 22771430

IBAN: IT88 H 05256 16100 000008029393 - C.F. 90009220774 - Iscrizione Registro Regionale delle Associazioni di Volontariato con D.G.R. di Basilicata n. 1650 del 15/09/2003



PARTICIPATION FEE FOR THE JOURNEY OF HOPE 2011: € 2.200,00

The participation fee includes:

- Nigerian Visa (visa fee and tax)
- Travel by bus GT from Matera to the Rome-Fiumicino Airport and back
- The medicines transport expenses.
- Flight
- Airport taxes and fees
- International travel insurance for medical assistance and baggage
- Application fee
- Azione Verde Sharing Fund for local services: accommodation and food, buses management expenses including fuel, local human resources salary (drivers and policemen) and other organization's expenses.

RESERVATION AND APPLICATION REQUEST

The reservation request should be made filling the appropriate electronic form (see www.azioneverde.org - Journey of Hope section - FORM).

The application request will be confirmed by the Organization, contacting each participant by e-mail and informing them how to pay the participation fee.

When the volunteers receive the confirmation, they should pay a deposit of 25% of the total fee. The balance should be paid at least 30 days before departure.

In case the bookings were made within 30 days before departure, they should pay the full amount at once.

CANCELLATIONS / SUBSTITUTIONS

The participants who cancel the reservation before departure should pay:

- the amount of € 200.00 for registration fee, visa fee and the withdrawal cost if they cancel it from 21 days to 10 days before departure;
- the amount of € 700.00 if they cancel it 10 days from the date of departure.

The participant may be substituted by another volunteer, sending a written request to the person in charge of the Journey of Hope, at least 7 days before departure. He should give information about the identity of the substitute in order to verify the general conditions for the journey, the requirements for the passport, for visa and for the vaccination certificate. He should agree to be jointly responsible with the substitute for the payment of the balance and the amount of any other costs incurred during the replacement.

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**CONSENT FOR RELEASE OF PERSONAL INFORMATION AND
THE ROLES ON THE USE OF VIDEO AND PHOTOGRAPHIC DOCUMENTATIONS OF
"OPERA DON BONIFACIO AZIONE VERDE":**

Before departure, the President and/or his delegate will distribute the consent for release of personal information and the roles on the use of video and photographic documentations. Each participant should fill it out, sign and deliver it to the President and/or to his delegate.

The release declaration states that all video and photo documentations produced by each participant during the Journey of Hope, even using their own camera, video camera and mobile phone, are in exclusive possession of the Organization "Opera Don Bonifacio Azione Verde".

Moreover, please note that the video and photo documentations produced by authorized and unauthorized volunteers, must not be used for personal purposes, must not be distributed to other people or disclosed in hard copy or electronic format (through Internet, Facebook, or mobile phones, etc...). Otherwise the Organization may take legal actions to protect their right.

For this reason, the President reserves the right to restrict the use of video-photo equipment to the volunteers.

Therefore, before departure to Nigeria, all the participants in the Journey of Hope, will submit a written request to the President and/or to his delegate, asking for authorization to the use of cameras, video cameras and mobile phones. They may receive a positive or negative answer by the President.

Every volunteer, before departure from Nigeria, must deliver all materials produced during the Journey to the coordinator of Information and Communication Group, who should examine them in order to protect the photographed subjects, the dignity of local population.

Indeed the release declaration states that it is not allowed to snap or film anything that might violate the dignity of the human person and the human rights.

The Information and Communication Group (in particular the delegates nominated by the President) will have the right to select and delete some photos and video that do not respect the dignity of the human person, informing the volunteer. This aims to protect the meaning of humanitarian activities of the Organization and to avoid legal action against any disrespectful behavior of the participants in the Journey of Hope, assuring the protection of the rights of the Organization.

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USEFUL INFORMATION

Language: English (official language), Igbo (regional language spoken in Igbo Land)

Time zone: Greenwich Meridian Time +1 hour; Daylight saving time not observed.

Weather: The period between June and September is the wettest period of year with a temperature between 22°C and 28°C. Owing to the warm and humid weather there are many insects, so you are advised to bring with you insect repellents, soothing and anti allergy creams.

Currency: Nigeria money currency is Naira (NGN). Exchange Rate: 1 € = 190/200 ₦ (for now approximately)

Nigeria International calling code: (+234)

Mobile phone: you can use your personal mobile phone and buy Nigerian SIM card.

Accommodation: Each participant will lodge in a single room with bathroom in the Pastoral Centre of the Catholic Diocese of OrLus. Participants are in charge for cleaning and organizing their rooms during their stay.

Electricity: Electricity supply is based on 220/240 volt power system. We advise you to bring an international adaptor, that you can find also in the airport duty free shops, and multi-sockets with small plugs. It is necessary to bring a battery torch or dynamo LED torch, because the electricity is not supplied 24 by 24 hours

Dressing: it should be moderate and decorous. Men should have in their baggage at least some extra trousers for change and women should have some middle-length skirts or dresses, not too tight, not transparent and not low-necked. These clothes are recommended above all in the Church and during official meetings with Ecclesiastical and Institutional Authorities.

We advise you bring some summer clothes, rain coats and cotton pullovers in the humid nights and when it is raining. We also advise you to use comfortable shoes, sandals and cover shoes.

Those who will work in the site, are advised to use working boots and face-caps. Those who will work with the medical team, are advised to use their medical uniforms.

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SOME ACCESSORIES AND PERSONAL ITEMS RECOMMENDED DURING THE STAY:

- Bed Sheets (size 1.5)
- Towels
- Mosquito net to put on your bed (if you want)
- Detergents, mops, sponges, etc. for cleaning your room
- Torchlight with rechargeable batteries and charger or dynamo LED torch
- Hairdryer
- Powdered soap for your laundry, pegs and wire for spreading washed items.
- Insecticide
- Disinfectants
- Insect repellents, soothing and anti allergy creams.
- Hygiene gel and serviette for hand.
- Sun protection cream for those working in the site.
- Your personal medicines and medicines you could need during the stay: antipyretics, anti-inflammatory, anti-diarrheal, antibiotics and all your doctor recommends.
- Coffee and coffee machine with electric burner for those who drink only Italian coffee.

Any other information will be communicated during the meeting organized before the departure.

IMPORTANT INFORMATION

Participants will be organized in different work groups, following the program of the mission and the capability/profession of each volunteer. The list of the work groups will be communicated to each local organization office and published on our website www.azioneverde.org with the final list of participants.



AIR TRAVEL LUGGAGE RULES AND INFORMATION GUIDE ABOUT SECURITY REGULATIONS IN EU AIRPORTS

You should identify your luggage inside and outside, by personal data (name, address, telephone number) and remove labels of previous trips. Before the departure you should know and be sure what is allowed on board and what you can put in your checked-in baggage.

Hand luggage :

It is allowed to take on board in the cabin only one hand baggage.

However you can carry on the plane with you:

- Handbag, laptop
- Camera, videocamera, CD player
- Overcoat
- Newspapers, magazines, books
- Items purchased in the airport duty-free shop

Prohibited items:

You cannot wear and take any objects in your hand baggage that can cause injury or damage to yourself and to other passengers (scissors, knives, metal files etc...), not minding the size. These objects detected by monitoring systems may be seized by airport security personnel.

According to new security regulations in the EU Airports, it will be allowed only a limited quantity of liquids in your hand luggage. You should pack liquids separately and containers must hold not more than 100ml.

These containers must be carried in a single, transparent and re-sealable plastic bag, which holds not more than a litre and measures approximately 20cm x 20cm.

Liquids include the following:

- Pressurized items, including shaving foam and other foams
- Water and all other drinks, soups, syrups and deodorants
- Creams, lotions and oils
- Pastes, including toothpastes
- Perfumes
- Mixtures of liquids and solids
- Sprays
- Eyelids
- Gels, including hair and shower gel
- Any other solutions and items of similar consistency

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It is allowed:

- To take liquids in your checked-in luggage registered and checked-in, because new security rules refer only to hand luggage;
- To bring on board in your hand luggage medicines and particular dietary food just enough for the journey and you may be asked to provide certifications of such items.
- To buy liquids, such as drinks and perfumes, either in the EU airport shops located after passing through security and boarding control point or on board an aircraft by EU airlines.

If these items purchased are closed in a special sealed bag, do not open them before security control. Otherwise, the contents of these bags may be seized at the security check point. In all transit flights at EU airports, do not open these bags for re-control. All these liquids are in addition to the amount contained in the transparent re-sealable plastic bag, mentioned above.